



Dear Friends,

Greetings in the name of our Lord and Saviour, Jesus Christ.

**Bible Study Mark 14: 35-38** [Revised Standard Version]

35 – And going a little further, he threw himself on the ground prayed that, if it were possible, the hour might pass from him.

36 – He said, “Abba, Father, for you all things are possible; remove this cup from me; yet not what I want but what you want.”

37 – He came and found them sleeping; and he said to Peter, “ Simon are you asleep? Could you not wait one hour?

38 – Keep awake and pray giving that you may not come into the time of trial; the spirit indeed is willing, but the flesh is weak.

**Study:**

Jesus is spending some time in prayer with His Father and had taken some of the disciples with him and asked them to wait a bit apart while he prayed,

35 – What did Jesus do? Why did he throw himself on the ground?

What is your normal position for prayer? What was Jesus’ prayer?

36 - How did Jesus address God? What is the significance of this?

What did he say about God? Do you believe that with God all things are possible?

Do our actions show this? What does Jesus request?

How does he end the prayer?

37 –What did Jesus find when he came back to where the disciples were?

What did he say? Have you ever felt he was saying something similar to you?

Is there any significance to ‘one hour’?

38 – What did Jesus say in this verse?

He is speaking to the disciples here but can you hear him speaking to us too?



Marvelous grace of our loving Lord,  
Grace that exceeds our sin and our guilt,  
Yonder on Calvary's mount outpoured,  
There where the blood of the Lamb was spilt.

Grace, Grace, God's Grace,  
Grace that will pardon and cleanse within;

Grace, Grace, God's Grace,  
Grace that is greater than all our sin.

Betty Hitchcock was the former provincial Chair of the Atlantic Provinces. She was the author and editor of Atlantic Link-a newsletter about God working among nurses in Nova Scotia and New Brunswick. It also included a Bible study and prayer guide for NCFC.