29 Bedell Ave, Saint John, NB,

E2K 2C1

June, 2019

Dear friends.

Greetings in the name of our Lord and Saviour, Jesus Christ. I hope you are all enjoying the summer. This is the time when many people travel, see new places, meet old and new friends and have times of rest and relaxation. It is wonderful to experience the freshness of God's creation and the wonderful joy of sharing with Christian friends. As we travel or as we rest at home, do we commit each day to God and remain open to all that He has for us in each day? God has such wonderful plans for each of us – and all we have to do is allow Him to lead, to show us the way and accompany us on each step of our journey. Isn't that amazing? The great Creator of all has made a plan for each day of **my** life – and wants to share it with me. He is waiting for me at the beginning of each new day – that is an amazing thought – and should help us to greet each day with joy and enthusiasm. He has something special for me today. I pray that each of us may delight in what He has for us and allow Him to fill us with His love and joy to share with others along the way.

Betty Hitchcock

Breathe on me Breath of God,

Fill me with life anew,

That I my love what Thou dost love,

And do what Thou wouldst do.

## Psalm 100 – A Psalm of Praise

Make a joyful noise unto the Lord, all ye lands. — What does it mean to "make a joyful noise"? Is it what we say and sing, is it how we say it? Could it be the kind of thoughts we have? Are our words our thoughts and our actions joyful to the Lord? Think about what we have been thinking saying and doing this day. Could our words ,thoughts and actions be more joyful? How? And who is to make this joyful noise? Does "all ye lands" include us? Of course, it does, the Lord is waiting for my joyful noise.

Serve the Lord with gladness; come before His presence with singing. — What does it mean to serve the Lord? Is not everything we do to be done as a service to Him? Am I serving Him in looking after my family, in my job, in my relationships, in everything I do? How am I to serve Him — with gladness with singing — with a happy heart. This is about attitude — Everything we do should be done with a happy attitude — God has allowed us to serve Him this day — what a privilege — let us rejoice and be happy this day.

Know that the Lord, He is God; it is He who hath made us, and not we ourselves; for we are His people, and the sheep of His pasture. Who made us? God made us and made us in His image – how can we then complain about how we look, how our body functions, what talents we have etc.? God made us and we are perfect for the plan He has for us. What does it mean to be "His people" "the sheep of His pasture"?

Enter into His gates with thanksgiving, and into His courts with praise; be thankful unto Him, and bless His name. What a wonderful thought -I can enter the gates of God-His courts Have we considered what a privilege that is? We could not just enter the courts of an earthly king but we are invited to enter the very presence of the almighty God. How should I enter? With a thankful heart - what does that mean to you? How do we praise Him-in our daily life? - this psalm is not just for Sunday-but for everyday. We can live in the very presence of God. How amazing is that!

For the Lord is good, His mercy is everlasting, and His truth endureth to all generations. *Think about this description of God. What does His mercy mean to us? His truth? Have we experiences His mercy? Of course we have experienced His great mercy in bringing us into His family through the gift of His Son. But do we continue to experience and live in that mercy in our everyday activities?* 

## A Tiny Bit of Heaven

The other afternoon I was sitting outside looking at the garden and all the beautiful flowers and trees. The colors were so vibrant -more so than I had noticed other years. The snow on the hill covered a large piece of the garden and was so white as it blew softly in the wind. A large patch of purple iris stood tall and regal. Pink columbine flowered delicately along the border. Groups of delicate blue and white forget-me-nots interspersed with the other flowers. Red hearts from the bleeding heart hung beautifully over smaller plants in front of them. Lupines were just beginning to show the colors they would display radiantly in weeks to come Red, white, and pink astilbe plants were just beginning to show indication of what beautiful colors they would become. Overhead were lilacs in full bloom and a snowball tree laden with round white balls. The neighbor's large apple tree was in blossom and over half of it hung over into my yard, giving a beautiful floral backdrop to the whole garden area. Later in the year, bright red apples would fall from the tree, providing a delicious treat for the many deer that lived nearby Of course, like any garden, mine produced a variety of weeds, which needed to be removed. However, I am still unable to walk without my walker or cane and it is impossible to walk over rough earth. Besides, still have no real feeling in my hands and would probably pull the wrong things. I do have a caregiver three mornings a week and she is great with the garden. For now, it is enough to sit and admire God's handiwork and be thankful that He has made it possible for me to sit out and see it. When I see the beauty of this small garden, it seems like it a tiny bit of heaven, and I look forward to the day when I shall see the beauty of the heavenly gardens. And I shall not be restricted to sitting in a chair, but shall run and jump through the flowers for as long as I want. Praise God!!!!

## ATLANTIC NCFC PRAYER CALENDAR

MONDAY: ATLANTIC NCFC COMMITTEE: Please pray for Chair Jan Lockett and Committee members Betty Hitchcock, Judy MacQuarrie, Flo Burke, Hope Graham and Faith Stiles. Pray for the building of witnessing communities in our region, the development of servant leaders and faithful stewardship of the NCFC mission.

NATIONAL NCFC COMMITTEE: Pray for the national NCFC Committee, the executive and the provincial chairs. Pray for Board members Judith Fanaken, Pauline Martin and Patricia Mitchell and Secretary Fronica Yiu as they provide dedicated leadership. Pray for NCF committees across Canada.

TUESDAY: Pray for students and graduates in Nova Scotia that they may be nurtured and grow in faith as they face stresses at work and in their lives. Pray for students at Universities and satellite locations.

WEDNESDAY: Pray for nurses in Prince Edward Island. Pray for a real sense of God's presence as they work in hospitals, homes and the community. Pray that a contact may be found on the Island for our NCF Committee. Pray for student nurses at UPEI.

THURSDAY: Pray for students and graduates in Newfoundland/Labrador. Praise God for Doreen Westera and her presence at Memorial University for many years Pray for student nurses at Memorial University and affiliated campuses.

FRIDAY: Pray for nurses in New Brunswick. Pray for Christian faculty and students at UNBSJ UNBF, U of M and affiliated sites. Thank God for David Busolo who is on the nursing faculty at UNBF. Pray that nurses would be very aware of God's presence as they meet together

SATURDAY: Pray that the Atlantic NCFC newsletter, "The LINK" will continue to be an effective means of communication for nurses throughout the Atlantic area. Pray for input from Christian nurses for the Link. Pray for direction for future activities in the Atlantic region.

SUNDAY: Pray for NCFC across the nation. Pray for more prayer partners and financial support. Leaders in the nursing profession also need our prayers, that they will maintain priorities with a real concern for the sick and for their colleagues. Pray for new graduates as they begin their career in nursing.

Submissions for The Link

You are invited to submit articles, letters, poems, etc. to be included in future issues of the Link. Please send submissions to Betty Hitchcock, 29 Bedell Ave. Saint John, NB, E2K 2C1 or email to betty.hitchcock@rogers.com

Please join us for -

Fall Workshop on End of Life Care

Sharing the Journey - Sharing the Care

When? Saturday, September 21, 2019

Where? UNBSJ, Saint John

Time: 9:30 to 4pm

Speakers: David Busolo, (Faculty of Nursing, UNB Fredericton)

Mary Francis, Sue King, Betty Hitchcock,

Rev. David Barrett

Who should attend? Nurses, Allied health care workers, Physicians, Social Workers, Any interested persons

Cost: \$45 for full time employees \$30 for nursing students and retirees Cost includes lunch and beverages Current Associates will have rebate on site

Registration-at <u>www.ncfcanada.com</u> before Sept.11, 2019, Event subject to cancellation if registration is low.

Please pray for this workshop and help spread the word.

Any questions or concerns could be directed to Jan Lockett 847-7629 or Betty Hitchcock 648-9794